Please use the following checklist to assess your current study habits and to learn new study skills.

For more tips and information regarding study skills, please visit our website at: **www.wkhscounselors.com**

STUDY SKILLS CHECKLIST

___ I use flashcards to study.

___ I do my homework- fully and completely.

___ I sit in the front of class.

___ I keep a list of questions or problems that I do not understand and ask my teacher for assistance and clarification the next day.

___ I keep my notebooks and notes organized and neat.

___ I review the material that is being covered in class and study a little bit each day.

___ I take good notes focusing on the main points and not word for word.

___ I keep an updated "To Do" list, and I check assignments off as I complete them.

___ I prioritize my assignments.

___ I connect what I'm learning to the bigger picture. For example, I try to come up with my own examples of situations or experiences that are similar to what I'm learning.

___ I have a designated "study spot".

___ I do not put off studying until the last minute.

___ I am able to prioritize my tasks into manageable chunks.

___ I highlight key vocabulary words or important points from my notes.

___ I concentrate on what is being said in class.

___ I use mnemonics to help with memorization.

___ I test myself. When I think I understand the material, I create questions about key sections and then work to answer them without using my notes or book.

___ I create charts or information mapping to help connect concepts and clarify my personal understanding.

___ I study at a desk or table.

___ I set my routine study time for early enough in the night that I am still fresh and awake.

___ I can get into a study "zone" easily- avoiding calls, watching television, or other interruptions- to fully dive into my work.

___ I re-write or type my notes to help remember the material. I read them out loud each day.

___ I avoid taking long breaks during studying.

___ I ask others (teachers, academic assistants, friends, parents, etc.) to help me when I am having trouble understanding something.

___ I read my assigned reading materials (books, textbooks, worksheets, etc.) out loud.

___ I have all of the materials/resources to be an effective student (for example: planner, notebooks, pens, pencils, paper, index cards, etc.).

___ I have a study partner ask me questions.

___ I work to understand relationships and don't just memorize random facts.

___ I listen carefully to what the teacher says about an assignment and write it in my planner immediately.