

How to use the Time Commitment Planning Calendar and the Course Preparation Work Grid (below)

Course preparation work is the work that students do outside class time (study hall, lunch periods, at home) to make the most of their learning in class. It includes: reading to be prepared for class discussions and activities, completing formative assessment tasks to help teachers gauge their learning, writing/revising/editing drafts of essays, completing projects, and reviewing material in preparation for tests. These may or may not be specifically assigned by the teacher; the most successful students assign themselves to review course materials, for example.

This calendar is designed to assist students in deciding how much advanced coursework they should register for, based on their other time commitments and the anticipated amount of daily course preparation work required to be successful in the courses they are considering.

First, think of the busiest time of your year and write in all time commitments that you are not willing to give up (sports, music, job, church, etc.). **Second**, start filling in spaces to represent completion of the anticipated daily course preparation work for any advanced courses listed below that you plan to register for. For courses not listed, plan 15 minutes of homework per day. Start with the courses that are most important to you, and fill in spaces including “SH” (study hall, 50 minutes), “LU” (lunch, 20-30 minutes), and hour-long periods of time on afternoons and weekends.

These numbers represent the average daily course preparation work for students who wish to be successful in these courses. Most courses will require extra time in the week before a unit test or major essay/project due date, so be sure to leave some blank spaces. Also consider your own strengths and weaknesses; you may need to adjust the numbers slightly for courses that come more or less naturally to you.

Finally, look to see if you have adequate time to live a balanced and healthy life. If not, you may need to reduce the number of advanced courses you register for. If you have extra hours, it may indicate that you should challenge yourself with more advanced coursework.

English		Math		Science		Social Studies		World Languages		Electives	
Honors English 1	30*	Honors Math 2	45	Honors Physical Sci	15	AP US History	45	Honors Spanish 2	15	IB Business SL	30
Honors English 2	45*	Honors Math 3	40	Honors Biology	20	AP Government	30	Honors Spanish 3	20	IB Business HL Y1	30
AP Language	60	Honors PreCalculus	45	Honors Chemistry	30	IB Economics SL Y2	20	Honors Spanish 4	30	IB Business HL Y2	15
IB Literature HL Y1	60	AP Calculus AB	40	AP Chemistry	30	IB History SL Y1	35	Spanish 5	15	AP Studio Art	30
AP Literature	60	AP Calculus BC	40	AP Environmental Sci	30	IB History HL Y1	35	AP Spanish	20	AP Music Theory	30
IB Literature HL Y2	60	IB Math SL Y1	20	AP Biology	60	IB History SL Y2	35	IB Spanish SL Y1	20	Eng Design & Develop	30
* = doesn't include time needed to read 1 choice book per quarter		IB Math SL Y2	30	IB Biology SL	60	IB History HL Y2	35	IB Spanish SL Y2	25		
				AP Physics 1	30	IB Psychology	20	Honors French 2	15		
				AP Physics 2	30			Honors French 3	15		
								Honors French 4	30		
								AP French	30		
								IB French SL Y1	20		
								IB French SL Y2	20		
								Latin 3	30		
								AP Latin	30		
								IB Latin SL Y1	20		
							IB Latin SL Y2	20			